

# Lewannick, Polyphant **NEWSLETTER** & Trevadlock

ISSUE 413

## Christmas Wreaths

Handmade local fresh Christmas wreaths and table decorations for sale. Order and collect from Gems Fresh Produce Stall at North Hill. Varied selection and prices.









Friends of Lewannick school are organising a 'Bag 2 School' collection on Wednesday 2<sup>nd</sup> Dec, so if you are having a 'clear out' and would like to donate any of the following, all money raised will go to the school, and all items are recycled... Clothes, shoes, hats, scarves, towels, curtains, handbags, bedding etc. All items to be placed in black bin bags. If you would like us to collect please contact me on

07519312876 Thank you for your help



Rainfall by John Panter October 2020 8.80" 220mm October 2019 7.92" 198mm



## FESTIVE FRIDAY CAKE SALE

Every Friday - Fri 27<sup>th</sup> Nov to Fri 18<sup>th</sup> Dec at 26 Hawks Tor Drive open 8:30am until 3:30pm

Selling - Mince Pies Christmas Shortbread Scones - Plain, Fruit & Cheese Flapjacks Brownies. . . . . etc

#### CHRISTMAS CAKES - made to order.

All monies raised are for the Church here in Lewannick Please come and support us Thankyou Vera Sandercock

Tel 01566 786754



Re Opens 2<sup>nd</sup> December **Opening hours** Mon- Thurs 12-2pm & 5-10pm Fri & Sat 12pm-11pm Sun 12pm- 10pm What's On Steak Night Tuesday's Pie Night Wednesday's Breakfast Sat 5<sup>th</sup> 10.30-3pm Quiz Night Sun 6<sup>th</sup> 7pm for 7:30 Start **Christmas Market & Santa** Sat 12<sup>th</sup> 10:30-3pm Port & Cheese Evening Sat 12<sup>th</sup> 7pm Start (£25 a Ticket) No Ticket no Entry. **Christmas Quiz** Sun 20<sup>th</sup> 7pm for 7:30 Start **Carols Outside** Thurs 24<sup>th</sup> (Time to be confirmed) Merry Christmas 25<sup>th</sup> Christmas Raffle Tickets now available to purchase. **Carvery Coming Soon!** Rob & Gemma would like to wish all customers, friends & family a very Merry Christmas & a Happy & prosperous New Year

#### Samaritans Purse Shoe Box Appeal

Lin West would like to thank all those people who donated shoe boxes to this years Christmas Appeal. To date we have 21 boxes to deliver to the local collection centre. Once again many thanks and wish you all a 'Happy Christmas'





DECEMBER 2020

I think we can all safely say 2020 has been a very challenging year for everyone, we have all had to adjust our day to day lives through this pandemic, but hope is round the corner to at least some sort of gradual return to normality in 2021. I would also like to thank everyone for their support & contributions to the Newsletter & continued support in the coming years. Christmas is almost upon us and although we might not be able to celebrate in the usual manner, we can still have a great Christmas with family and friends safely, whatever you decide to do I hope you all have a fantastic Christmas.



## Lewannick Parish Council

The chair reported that he received a resignation letter from Catherine Beth Newbery. Beth explained that, as a shift worker, she was finding it difficult to attend evening meetings. On the whole Beth has enjoyed being on the Council and representing people particularly from her generation.

Also discussed was the "virtual footpath" from cottage gardens to the triangle junction, there are three plans drawn up by the Council Highways which will need a site visit to discuss, unfortunately under Covid rules this meeting has been deferred. Details will be made available on the web site.

The Budget was finalised with a precept decrease to £40,000. This will cover the proposed budget with a small increase in reserves.

Another topic was the bus shelter in the village hall car park, we need to know if it is actually used by anyone. Could you please let us know if you use the shelter and would like it to remain. The full draft minutes including Planning Is available on the Lewannick Parish Council web site.

#### County Councillor Parsons Report:

Unfortunately coronavirus cases are on the rise locally, our Public Health team are continuing to follow up all positive test results and are working to ensure we limit the transmission of Covid as far as possible. It is important to remember that case numbers are not a perfect reflection of the spread of the virus. There will always be cases that we cannot be aware of, either because symptomatic people have not come forward, or because they remain asymptomatic. This is why it is vital you follow government guidance at all times, regardless of the number of cases. It is really important for all of us in our community to keep doing the basics well and look out for each other in these difficult times.

Anyone who needs help can request a volunteer on 01872 266988

## Lewannick Post Office & Stores

Groceries, Off-licence, Cakes & Pasties, Fruit & Vegetables, Fresh Bread, Newspapers & Magazines, Coal & Logs, Dry Cleaning Service, Greeting Cards, Bottled Gas (all sizes) available at cheap prices!

#### **Opening Hours Shop**

-	0
Mon - Fri:	8.00am - 6.00pm
Sat:	8.00am - 6.00pm
Sun:	Closed
Post Office	
Mon – Fri:	9.00am – 5.30pm
Sat	9.00am – 12.30pm
lease note we will not be accepting cash over the	
counter all payments are to be made by Card.	

01566 782 269

Plea



## **Polyphant's Charitable Village Store**

Mon - Sat: 8am - 12:15pm Wed: 8am – 2:30pm Groceries, Fresh fruit & Veg, Confectionary, Fresh Bread & Cakes, Chutneys & preserves, Greeting cards & gifts, Off Licence, Hot pasties & sausage rolls Freshly served Tea & Coffee. Fresh Bread & Milk available 01566 86029



Our restaurant is currently closed however we hope to open at the tail end of this month. If you wish to discuss a booking please email and will endeavour to get back to you as soon as possible. Thank you for your support and patience during this time.

#### bookings@coombesheadfarm.co.uk

If you would like to buy some of our fresh bread from our bakery please call us first Address: Coombeshead Farm, Lewannick, Cornwall, PL15 7QQ Telephone: +44 (0)1566 782 009 Email: bookings@coombesheadfarm.co.uk Website: www.coombesheadfarm.co.uk

## Nicola Parker Mobile Hairdresser Worked freelance in the Local area for 10 years. Please contact me for more Information on 07816183125

#### Sewing Machine Service & Repairs

I started a family sewing machine business aged 10 in 1957. I am now retired but would like to offer my skills at reasonable prices No Fix no pay !

> **Please contact Jim Harris on** 07768 060100 or 01566782206

#### LEWANNICK CHURCH St Martin, the Parish Church of Lewannick and North Hill

Sun 6th 9.30am Morning Worship Sun 13th 9.30am Morning Worship Sun 20<sup>th</sup> 10am Community Service Thurs 24th 4pm Christmas Eve Holy Communion

Sun 27th 10 am Morning Worship Thurs 31<sup>st</sup> 6pm New Years Eve Reflections

As I am writing this newsletter, we are in another Covid Lockdown. With great sadness we have had to limit opening the Church to two days a week. Hopefully things will change after December the 2<sup>nd</sup> .The Church is open on Sunday & Wednesday -10am -4pm It is not certain as to what services we will be able to hold so please check by ringing -01566782970. We will make every effort to make this a 'Special' Christmas. We aim to decorate the church. Maybe we will be able to sing some carols outside! Peter Knight, Rural Dean and vicar of St Mary's Launceston-01566 777607

or

Jo Smart, Methodist Minister 01566782921 Palm 23 The Lord is my shepherd, I shall not want.....

## **POLYPHANT METHODIST CHURCH & COMMUNITY CENTRE**

#### Minister; Revd. D Sparey-Delacassa 01566 880400

" Christmas this year may be different to Christmas seasons which we have known and enjoyed in the past but whatever nefarious claims may be made in the media Christmas most certainly is not cancelled! Christmas is, of course, one of the major Christian festivals so as the only church in the village, we at Polyphant Methodist want to do what we can to bring some Christmas joy into the community. Should you open your door one day before Christmas to find a gift on your doorstep it will not be a sinister package but a gift from us, a small symbol of the love of God which is manifest in the story of the first Christmas . It will have been held in Quarantine for a week before delivery but if you are worried just pop it into a cupboard for three more days to be absolutely sure that any stray virus is eliminated. Maybe, in the worst case scenario, we will all be separated from our families & friends this year but we believe that nothing can separate us from the love of God. We hope, with these little gifts, to share with you the joy & hope that such faith brings.

Covid restrictions permitting, Polyphant Carol Service will take place on Sunday 13th December at 3.00 pm when the Preacher will be Revd. Jo Smart, sadly singing is still forbidden. Could you please telephone Revd. Doreen (880400) if you will be joining us on the 13<sup>th</sup> December.

Polyphant Chapel is a collection point for Launceston Food Bank if you wish to donate food at any time, all contributions are most welcome. Rev D Sparey-Delacasa 01566 880400 Alix Watt 01566 86734 Bookings Ann Bishop 01566 880019

#### **Parish Council Continued**

Trekelland Bridge has been hit again by a passing vehicle and guite likely this will lead to a road closure for it to be repaired in February. I have arranged for a meeting to be set up with Cormac's Principle Engineer for Structure and Maintenance with the Chairman of Lewannick and South Petherwin Parish Councils to try and

find a way forward to provide a long term solution to prevent this from happening. It has been proposed to build a new bridge beside the old bridge for the traffic and keep the old bridge for pedestrians and cyclists, the major stumbling block is raising the finances for this scheme.

MAY I ALSO TAKE THE OPPORTUNITY TO WISH EVERYONE A HAPPY CHRISTMAS AND A PEACEFUL NEW YEAR

#### Polyphant Ladies Club

There will be no Christmas Lunch for members of Polyphant Ladies Club this December - fingers crossed for next year, I do hope everyone has a happy Christmas, whatever restrictions are in place, My very best wishes for a happy & healthy 2021 with hopes we will be able to meet again soon, Any information, please contact Ann on 01566 880019



Tired? Aching? Stressed? Not sleeping well?

#### **Recurrent back problems?**

Recovering from illness, injury or surgery?

#### Seeking a course of treatment or just need some time out?

Therapeutic Massage and Reflexology available now at the Kensey Centre, Launceston Mondays & alternate Saturdays 10am - 8pm

> To book please call 0785 2671 391 Or send a message via her website www.suzannepreston.co.uk

## Sharon Francome Hairdressing

Hairdressing in the area for 15 Years, I do Mobile or at home in Lewannick. Please call for more information on

#### 07769 155596

# CRAWFORD'S

MAN WITH A VAN **SMALL REMOVALS / DELIVERIES** GENERAL HOUSE MAINTENANCE PAINTING/DECORATING **GRASS/HEDGE CUTTING, UNBLOCK DRAINS** WINDOW CLEANING (BUNGALOWS), CAR VALETING Please Ring for further details **Call Mike or Jeannie** Mobile 07971 543547 Home 01566 786624

CLOSING DATE FOR NEXT NEWSLETTER: Tuesday December 22<sup>nd</sup> 2020 Please send contribution to KBlighthouse7@hotmail.com. The Editor reserves the right to cut or omit articles submitted. Views expressed are not necessarily those of the Editor or of the Parish Council. For the latest news, events, local business and much more visit : www.lewannick.info. Published by the PC.